## **Diamond User Code 9: Lone Work and Long Hours**



Hazards	Persons unable to get help when needed
	Accidents caused by being too tired (work place and roads)
Risks	Lone workers can be at higher risk as a result of an accident as they may not have immediate help People who are tired as they have worked a long shift may have impaired judgement and coordination and so can be more accident
Controls	prone.
Controls	Users must work in a team of two persons wherever possible
	High risk activities must be done inside of normal working hours Users must inform EHC if lone working
	Higher risk experiments (red and yellow) are subject to checks by the EHCs
	Arrangements must be made to ensure that beam time is adequately
	staffed and that no one drives home without sufficient sleep.
Contact	

If you have any questions regarding lone working and long hours, contact the SHE group. <u>Diamondshe@diamond.ac.uk</u>.

